

## **TOBACCO TREATMENT PROGRAMS- Burlington/Camden County**

### **Penn Medicine Virtua Cancer Program (Camden and Burlington)**

#### Smoking Cessation Education and Support

- Virtua offers a three-session education support group to learn more about the tobacco addiction process, and get tools and support to help you quit smoking, including free nicotine patches, lozenges and acupuncture. Topics will include the addiction process, stress management, and developing a personal plan to quit smoking using the resources and support available to you.
- This is a FREE program run by a trained tobacco treatment specialist.
- Low-dose CT covered by most insurances

Please call 856-247-7393 for more information.

Virtua NOW offers individual counseling for smoking cessation with a physician assistant in the Marlton location – call 856-355-7176 for more information.

<https://www.virtua.org/ClassesEvents/class-event-detail?id={292DD8D2-3911-4BDE-AB90-AC325ABA376D}>

Supported by Virtua Garden State Pulmonology Associates



### **Virtua Our Lady of Lourdes (Camden and Burlington)**

- Freedom From Smoking - \$25/8 week class – 4x per year
- Acupuncture - \$100 1<sup>st</sup> session/ \$75 following sessions
- No NRT available
- In the hospital, staffed by: Nurses, health educators, specialists
  - Trained by: Freedom From Smoking (American Lung Association)
  - self-referrals 1-888-LOURDES

<https://www.lourdesnet.org/programs-and-services/wellness-programs/group-individual-wellness-programs/health-wellness-coaching/>

### **Deborah Heart and Lung (Burlington)**

Women's Heart Center – personalized plan for smoking cessation

<https://demanddeborah.org/medical-services/womens-heart-center/>

### **Kennedy at Jefferson**

Smoking Cessation Support Group

- Quitting smoking is hard, but Jefferson Health is here to help! Free counseling and support.
- Date: 2nd and 4th Wednesdays
- Time: 3:30pm
- Location:  
Sidney Kimmel Cancer Center - Washington Township  
900 Medical Center Drive  
Suite 211  
Sewell, New Jersey 08080

### **MD Anderson Cancer Center at Cooper (Camden)**

Comprehensive cancer center providing 1:1 smoking cessation counseling

- NRT available: through Primary Care Physician
  - If patient of Thoracic program, MD Anderson can provide NRT
- Low-dose CT scan
- Receive referrals from: physicians, nurse, staff, self
- iQuit for those with iphones; all referred to MD Andersons CTTS for 1:1 counseling program

\*If the smoker is NOT a Cooper patient, they will be transferred to a registrar to become a patient. Then they can make their 1:1 appointment with Adrienne Barbara-Geigges. Call 856.735.6235 to register.

<https://www.cooperhealth.org/services/high-risk-lung-cancer-screening-program>