



#### CANCER PROGRAM

## **Genetic Counseling**

at Penn Medicine Virtua Cancer Program

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### Did You Know...

Having a family history of certain cancers such as breast, ovarian, colon, uterine or pancreatic cancer may increase your risk of developing them? A genetic counselor can discuss risk factors for hereditary forms of cancer, plus the benefits and limitations of available genetic testing. Learn the cancer patterns within your family and ways to reduce risk. There may also be a discussion of clinical studies for high-risk women and genetic testing options. This service is covered by most insurances.

#### What does a genetic counseling appointment look like?

A certified and licensed genetic counselor will meet with you to discuss your personal and/or family history of cancer. Recommendations for genetic testing may be made if your history is suggestive for a hereditary cancer syndrome. Appointments include full discussion of benefits, risks, limitations, and privacy concerning genetic testing and results. A genetic counselor will help guide you through these discussions, as well as the interpretation of your results. Your results may impact not only yourself, but your family as well.

# For more information or to setup an appointment call 1-888-VIRTUA-3